



## NEURAL THERAPY INFORMED CONSENT

Neural Therapy is an injection technique that involves using an anesthetic (PROCAINE) and frequently a homeopathic formula into scars, trigger points, tendon and ligament insertions, peripheral nerves, autonomic ganglia, epidural space and tissues.

Neural therapy can treat the area(s) of symptomatology (trigger points) or in a ganglia (group of nerves) or in the tissues the innervate or receive neurologic signals from organs, joints and other musculoskeletal tissues including fascia and scars.

Neural therapy helps to restore these areas that are commonly called interference fields. These areas are traumatized by various means and then are treated with procaine and homeopathic to help restore the function of the tissue and the neuralgic signals.

There is significant support in the medical literature for this procedure, most of which comes to us by way of Central Europe, Canada and South America. Variations of this include trigger point therapy and regional neurologic blocks.

**Risks:** bruising at site of injection, bleeding at injection site, localized infection, no response to treatment. If treating lungs, rare partially collapsed lung is reported in the literature.

**Benefits:** Improved function of tissues, pain reduction and elimination, management of chronic pain conditions.

Alternatives: Oral medication, physical therapy, supplements targeted for pain, no treatment.

Typically, there are one to ten series of injections required. This is determined based upon your history, exam and treatment plan. The treatments are spaced anywhere from one week to a few weeks apart and are frequently combined with osteopathic treatment, laser, and manual exercise. Additionally, using a holistic functional medicine approach to your care is the foundation of all treatments.

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Witness: \_\_\_\_\_

DATE: \_\_\_\_\_