



## INFORMED CONSENT FOR MEDICAL OZONE THERAPY

I, \_\_\_\_\_, state that I have been informed and understand and accept the benefits and risks of medical ozone therapy as disclosed.

Medical ozone therapy is the practice of introducing ozone into the body, and can be accomplished through several methods. Minor and Major Autohemotherapy are methods in which the patient's blood is drawn and ozone and medical oxygen are mixed with the blood before it is injected back into the patient. Insufflation is a method in which ozone is blown into a body cavity, such as the rectal, vaginal, ear or nasal cavities. Finally, a mixture of vitamins, medicine and ozone can be given as an injection into joints and/or soft tissue.

The benefits of medical ozone therapy are numerous. Ozone has long been used for its antimicrobial properties, serving as a treatment for many types of infection and promoting healthy immune system function. Ozone also has anti-inflammatory properties, and has a positive effect on blood flow, circulation, and uptake and use of oxygen in the body. Finally, ozone triggers the production of antioxidants, which prevent cell damage.

Diseases for which ozone may be an effective treatment include auto-immune diseases, bacterial, viral and fungal infections, arthritis, chronic fatigue, Lyme disease, and fibromyalgia.

Potential side effects of medical ozone therapy include but are not limited to weakness, slight dizziness, or sleepiness. For topical applications of ozone, there is a risk of developing a minor rash at the site of the application.

Patients who have any of the following conditions should not use medical ozone therapy: G-6PD deficiency or favism, Pregnancy, Thrombocytopenia, Serious cardiovascular instability, bleeding disorders, ozone allergy, or patients being treated with ACE inhibitors.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_